

The Apponequet Athletic Department  
Cordially invites you to the fifth annual

## **BIG WAVE**



# **CROSS COUNTRY INVITATIONAL**

**Saturday September 16<sup>th</sup> 2017 9:30**

**6 races over a 2.5-mile**

**Very open field and wood trail course**

***Middle School Girls /Boys 1.5 mile***

**Freshmen/Sophomore Girls**

**Freshmen/Sophomore Boys**

**Junior/Senior Girls**

**Junior Senior Boys**

Medals and Ribbons to the top 15 in each race

Sanctioned by the MIAA

***Plaques for the winning team in each division***

Entry Fee is \$150.00 per school or \$10.00 per ind.

***If you are interested, e-mail Dennis Thibeault***

***@dtriplep@comcast.net***

*Please send your roster to Jim Kelly at*

**[sprintercoach11@comcast.net](mailto:sprintercoach11@comcast.net)**

**Make checks or PO's payable to the Freetown-Lakeville  
School District 100 Howland Rd. Lakeville, Ma 02347**